



Practical Spiritual Astrology

with Tim Bost

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www.PracticalSpiritualAstrology.com

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WHAT IS IT?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a consistently resourceful manner that brings out the best qualities in our circumstances, that is completely congruent with our true creative nature, and that is genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

“What we are looking for is what is looking.”

- St. Francis of Assisi

THE FOCUS FOR FEBRUARY

It is a good thing for us to pause, to meditate, and to reflect on what we can do differently, on how we can decisively step away from our old pettiness and short-sightedness and act only in ways that are congruent with our spiritual destiny.

The demands of society, fossilized tradition, and our own personal pettiness can keep us caught up in negative expectations, but right now we can reach for new heights of spiritual inventiveness, unmasking our true divinity as we release the toxicity of decaying thought forms. Even in the midst of this cleansing process, however, we can feel overwhelmed by the part of us that insists on struggle, that demands aggressive action as a way of keeping the ego alive.

As always, the key to our material comfort and our spiritual well-being is an active cultivation of gratitude. If we make an extra effort now to express profound appreciation, we can sow the seeds of even greater blessings to come. This is especially true if we passionately connect with the positive elements in our cultural and spiritual traditions; in expressing gratitude to our ancestors we can provoke an abundant flowering of security and grace in our hearts today.

As we approach the Full Moon and the Lunar Eclipse on February 20, our task is to distinguish between a white thread and a black thread in the light of the dawn, to use the highest powers of our spiritual intelligence in the face of stressful circumstances. If we remember that grand ideals and lofty values have spiritual realities at their core, and that the real purpose of apparent isolation and suffering is to expand our capacity for wisdom and compassion, we can experience true healing as we embrace the diversity around us.

When we awaken in consciousness and begin to feel more alive ourselves, when we get in touch with our own divine vitality, we are doing more than just adding to our personal spiritual growth. Consciously or unconsciously, we are also accepting responsibility for others—for our families, for our communities, and for our planet. Knowing that the individuals in any group embody many stages of

THE ART OF SPIRITUAL MANIFESTATION

" The state of least
excitation of
consciousness is the field
of all possibilities ."
–Maharishi Mahesh Yogi

ESOTERIC MANTRAS FOR FEBRUARY

AQUARIUS

"Water of life am I, poured
forth for thirsty men."

PISCES

"I leave the Father's
House, and, turning back,
I save."

February Observances

Candlemas – 2/2
Setsubun Sai – 2/3
Mardi Gras – 2/5
Ash Wednesday – 2/6
Lunar New Year – 2/7
Vasant Panchami – 2/11
St. Valentine's Day – 2/14
Singles Awareness Day – 2/15
Triodion – 2/17
Presidents Day – 2/18

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others; send them to
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astrology.com](http://www.practicalspiritualastrology.com) to subscribe!

Share Insights & Inspiration

Where is your heart leading
you? Write to Tim Bost at P.O.
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1657 USA or send email to
spirit@timbost.com with your
comments, dreams, visions
and suggestions. We look
forward to hearing from you!

awareness and evolution, we can open our hearts to serve more
humbly and appropriately.

Cosmic Opportunities

Sun trine Zeus – February 1, 1:36 a.m. EST
Venus conjunct Jupiter – February 1, 6:33 a.m. EST
Venus square Zeus – February 2, 4:30 p.m. EST
Mercury conjunct Neptune – February 2, 7:33 p.m. EST
Sun conjunct Chiron – February 5, 1:06 a.m. EST
Poseidon retrograde station – February 5, 6:00 a.m. EST
Sun conjunct Mercury – February 6, 1:18 p.m. EST
Annular Solar Eclipse – February 6, 10:44 p.m. EST
Admetos direct station – February 7, 2:43 a.m. EST
Mercury conjunct Chiron – February 7, 3:47 p.m. EST
Jupiter square Zeus – February 9, 9:49 a.m. EST
Sun conjunct Neptune – February 10, 9:03 p.m. EST
Venus trine Admetos – February 12, 8:35 a.m. EST
Sun square Admetos – February 12, 7:45 p.m. EST
Venus opposition Vulcanus – February 9:59 p.m. EST
Venus square Apollon – February 14, 11:35 a.m. EST
Sun trine Mars – February 14, 11:38 a.m. EST
Sun trine Hades – February 14, 10:46 EST
Sun trine Apollon – February 15, 9:53 a.m. EST
Mars conjunct Hades – February 17, 12:04 a.m. EST
Venus enters Aquarius – February 17, 11:22 a.m. EST
Sun enters Pisces – February 19, 1:49 a.m. EST
Mars trine Apollon – February 19, 6:51 a.m. EST
Lunar Eclipse Full Moon – February 20, 10:26 p.m. EST
Sun trine Kronos – February 21, 11:56 p.m. EST
Sun opposition Saturn – February 24, 4:47 p.m. EST
Venus square Poseidon – February 24, 8:38 a.m. EST
Mercury conjunct Venus – February 26, 12:54 p.m. EST
Venus trine Zeus – February 26, 7:25 p.m. EST
Sun trine Poseidon – February 27, 12:21 p.m. EST

Living Stress-Free for Spiritual Growth

Tim Bost's guide to stress-free living, **Plan 9 for Inner Space**, has more
than 100 pages of tips and resources to help reduce stress and maintain a
practical spiritual focus. You'll find details about this informative e-book at
<http://www.timbost.com/publications/books.html>.

If job stress, financial worries and money issues are currently blocking the
fullest expression of your personal spiritual growth, it may be time for you
to explore the benefits of person-centered financial astrology. Visit
<http://www.timbost.com/info> to subscribe to Tim Bost's free astro-money
email service.
