

Practical Spiritual Astrology

with Tim Bost

JULY 2011

#### www.PracticalSpiritualAstrology.com

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## WHAT IS IT?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a consistently resourceful manner that brings out the best qualities in our circumstances, that is completely congruent with our true creative nature, and that is genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

"What we are looking for is what is looking."

- St. Francis of Assisi

# THE FOCUS FOR JULY

There are times when we get so caught up in our plans, our goals, and our expectations that we forget what life can be like if we simply loosen up, relax, and take time to enjoy the moment. If we let our intuition guide us, we can open ourselves to profound insights and divine inspirations, breaking out of the confines of our limited thinking in surprisingly effortless and joyful ways.

If we think about the manner in which we are presenting ourselves to others, we are likely to focus on our flaws, our limitations, and our shortcomings. But if we drop our presumptions and simply express ourselves in heartfelt connection and unadorned conversation, our hearts will be filled with revived spirituality and easy understanding. Along the way, we can acknowledge the true worth of others and garner the recognition that we deserve ourselves.

Little by little, typically when we are least paying attention, we can gradually begin to feel hemmed in, even imprisoned, by the circumstances which, in reality, are divinely designed to nurture and protect us. Our ego-driven need for independence lets our internal stress build up, pushing us into confrontations, conflict, and unnecessary frustration. When that happens, of course, the most efficient way for us to move beyond the suffering is to give more freely of ourselves, releasing ourselves from the need for worry or judgment as we open up our hearts.

Although trust and lightheartedness are typically the keynotes of an effective spiritual path, there are also times when we are obliged to drill deep beneath the surface of our experience, to focus on the details and the inconveniences that may be temporarily painful to endure, but that offer us greater clarity, confidence and inspiration as we elevate our expectations for our own evolution and for blessings that we can share with others on the path.

## THE ART OF SPIRITUAL ACCOMPLISHMENT

"It is not enough to be industrious; so are the ants. What are you industrious about?" – Henry David Thoreau

ESOTERIC MANTRAS FOR JULY

### CANCER

"I build a lighted house and therein dwell."

LEO

"I am That and That I am."

#### July Observances

Canada Day – 7/1 Sacred Heart of Jesus – 7/1 U.S. Independence Day – 7/4 Martyrdom of the Bab – 7/9 Saint Benedict Day – 7/11 Ulambana – 7/13-7/16 Lailat al Bara'ah – 7/15 Asalha Puja Day – 7/15 Saint Vladimir Day – 7/15 Haili Selassi I Birthday – 7/23 Pioneer Day – 7/24 St. James Great Day – 7/25

## Share the Light

Make copies of this ezine for others; send them to http://www.practicalspirit ualastrology.com to subscribe for free!

Share Insights & Inspiration

Where is your heart leading you? Write to Tim Bost at P.O. Box 1657, Sarasota, FL 34230-1657 USA or send email to spirit@timbost.com with your comments, dreams, visions and suggestions. We look forward to hearing from you!

## **Cosmic Opportunities**

Solar Eclipse – July 1, 4:37 a.m. EDT Venus trine Apollon – July 1, 11:55 a.m. EDT Pluto opposition Kronos – July 1, 7:28 p.m. EDT Mercury enters Leo – July 2, 1:38 a.m. EDT Sun square Saturn – July 2, 8:17 p.m. EDT Venus enters Cancer – July 4, 12:16 a.m. EDT Venus conjunct Hades – July 4, 8:54 a.m. EDT Venus trine Neptune – July 4, 1:26 p.m. EDT Sun square Zeus – July 4, 9:01 p.m. EDT Mercury square Jupiter – July 5, 2:10 p.m. EDT Mars trine Saturn – July 6, 8:15 a.m. EDT Jupiter trine Pluto – July 7, 10:07 a.m. EDT Venus trine Chiron – July 8, 3:44 a.m. EDT Venus opposition Pluto – July 8, 8:30 p.m. EDT Mars trine Zeus – July 8, 10:55 p.m. EDT Venus conjunct Kronos – July 9, 2:21 a.m. EDT Uranus retrograde station – July 9, 8:35 p.m. EDT Neptune trine Hades – July 10, 1:29 p.m. EDT Venus trine Poseidon – July 11, 6:23 a.m. EDT Apollon direct station – July 12, 9:26 a.m. EDT Venus square Saturn – July 13, 3:35 a.m. EDT Venus square Zeus – July 14, 9:53 a.m. EDT Full Moon – July 15, 2:40 a.m. EDT Mars opposition Cupido – July 17, 1:26 a.m. EDT Sun conjunct Vulcanus – July 19, 10:26 a.m. EDT Sun square Apollon – July 19, 6:36 p.m. EDT Sun enters Leo – July 23, 12:11 a.m. EDT Mars opposition True Lunar Node – July 23, 1:35 p.m. EDT Mercury square Admetos – July 23, 7:34 p.m. EDT Poseidon direct station – July 25, 11:47 a.m. EDT Venus conjunct Vulcanus – July 25, 6:12 p.m. EDT Venus square Apollon – July 25, 11:06 p.m. EDT Sun trine Uranus – July 27, 3:43 p.m. EDT Venus enters Leo – July 28, 10:58 a.m. EDT Mercury enters Virgo – July 28, 2:08 p.m. EDT Mercury opposition Neptune - July 29, 12:31 a.m. EDT Mars trine Apollon – July 29, 4:18 p.m. EDT New Moon – July 30, 2:40 EDT Jupiter opposition Poseidon – July 30, 6:53 p.m. EDT

Spiritual and financial insights combine in "The Solar Eclipses of June & July 2011: Their Impact on the Markets" by Tim Bost. This new in-depth report is now available as an instant download. Order your copy today at http://bit.ly/k3oM0j

Tim Bost is once again available for a limited number of personal consultations. For information, and for a free report on "5 Wrong Turns You Can Avoid with the Cosmic GPS", go to: http://www.TimBost.com