#### Tim Bost's PRACTICAL SPIRITUAL ASTROLOGY November, 2005



#### What Is It?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

#### **Purpose & Benefits**

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a manner that is consistently resourceful in bringing out the best qualities in our circumstances, completely congruent with our true creative nature, and genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

### THE FOCUS FOR THE MONTH

November brings us an opportunity to slow down and reevaluate what we have been doing. Early in the month, we must come to terms with who we really are and what we hope to accomplish. As the month progresses, we will have opportunities to grapple with our fears and illusions, to experience surprising heights of ecstasy and refinement, and to rediscover the meaning of love and gratitude. The middle of the month brings us a time when we can reconsider our thoughts and words, restructuring our expressions as we open ourselves to new levels of energy and spontaneity in our lives. Before we move into December, we will be able to let go of many of our fears and limitations, giving ourselves profound levels of spiritual refreshment and enhanced creativity.

## **The Truth Within**

We start the month with a New Moon and a reminder that even though we must each ultimately discover our own enlightenment, testing the validity of inspired guidance through the lens of our own personal experience, we are nevertheless not alone on the spiritual path. Many others have come before us, and we have their example and inspiration as reliable beacons to steer us through the demands and opportunities we face in our own evolution. Now, as we seek a fresh start at the beginning of a new month and a new lunar cycle, we can truly be grateful for the teachers, healers, and all others who help us glimpse the truth within ourselves.

## **Being Who We Really Are**

After Venus moves into Capricorn on November 5, we will be in a time that promises us uncertainty, volatility, and potential turmoil, especially if we set our sights on becoming more and more like the completely competent, radiantly powerful beings we already are. Our current task is to substitute creative dreaming and constructive visualization for the seemingly more natural tendency to succumb to paranoia and limiting beliefs. If we take the risk of expanding our dreams, we are likely to find ourselves accomplishing even more amazing things than we have previously imagined possible.

#### COSMIC OPPORTUNITIES

New Moon -- November 1, 8:25 p.m. EST

Venus enters Capricorn --November 5, 3:11 a.m. EST

Mercury retrograde station -- November 14, 12:42 a. m. EST

Uranus direct station --November 15, 7:08 p.m. EST

Full Moon -- November 15, 7:57 p.m. EST

Sun enters Sagittarius --November 22, 12:15 a.m. EST

Saturn retrograde station --November 22, 4:00 a.m. EST

Sun/Mercury conjunction --November 24, 10:43 a.m. EST

Mercury retrograde reenters Scorpio --November 26, 6:53 a.m.

Jupiter trine Uranus --November 27, 6:48 a.m.

# **Asking the Right Questions**

With Mercury and Uranus both changing direction at the Full Moon, there are questions we need to ask ourselves. What are the messages that we are delivering to others right now? Just as importantly, what are the messages that we are willing to receive? If we simply allow ourselves to be a part of the crowd, ready to accept guidance from those in our midst who take authority or assume expertise, are we really being true to our own hearts and to our higher purposes? On the other hand, if we are willing to be leaders or to speak as experts, can we be certain of the insights that we share and the attitudes we exemplify? In either case, if we are willing to set ego-demands aside, we have an opportunity to transform our suspicious, divisive urges into a more considerate call to action, balancing excitement and enthusiasm with tenderness and practicality.

## Take A Deep Breath

As we approach Saturn's station on November 22, we will simply have to confront the fact that it's time to take a break! It's easy for us to become so driven, so focused in our ambitions, that we are tempted to ignore the fundamental universal laws of cyclic alternation of rest and activity. If we want to be more dynamic in our activity, we must make sure it is grounded in adequate rest. The need for physical refreshment may be apparent, but we must also find spiritual and emotional relief as well if we are to be truly balanced and effective. Sharing relaxing times in social settings can be beneficial if we can avoid letting ourselves be swept away by superficiality, but there is no substitute for meditation and solitude.

## The Still, Small Voice

As November comes to an end, if we take time to be still, to contemplate our inner and outer landscapes, we may be quite surprised at what we find. Deep within the wellsprings of our purest consciousness the beginnings of a new awareness are rousing themselves, crystallizing like diamonds being born. If we nurture and cherish them, they will soon reveal infinites opportunities for growth, abundance, and effectiveness.

#### Share Insights & Get More Information

Do you have questions about how astrology can help you on your personal spiritual path? You'll find lots more information at <u>www.TimBost.com</u>. Explore the website to learn about Tim's publications and services, to get details about the consultations he provides, and to see details about

FinancialCyclesWeekly, his widely-acclaimed newsletter that shares techniques and strategies for using spiritually-based astrology to make money in the equities markets.

We're eager to get your insights, too! Send an email to <u>spirit@timbost.com</u> with your questions, your comments, and your ideas. We look forward to hearing from you!

"In the attitude of silence the soul finds the path in a clearer light, and what is elusive and deceptive resolves itself into crystal clearness. Our life is a long and arduous quest after truth." –*Mahatma Gandhi* 

# Plan A Spiritual Focus for All of 2006

Astrologer Georgia Stathis and the Professional's House have gotten together to produce The Professional's 2006 Astrological Appointment Book and 2006 Astrological Wall Calendar -- they're both excellent planning tools! With these calendars you can easily integrate your daily appointments and obligations with the cosmic factors in play, including planetary ingresses, stations, and major aspects.

The calendars are available in a variety of formats, including coil bound, 7ring black binder, 7-hole refill to fit the "classic" size Franklin Planner, and a wall calendar. To get more information on these beautiful and practical astrological tools, send an email to <u>timbost@freeautobot.com</u>.

## **Spiritual Living in the Material World**

We face many challenges when we try to bring our spiritual awareness into the realm of mundane reality, but there are few challenges greater than the ones that revolve around money.

Financial concerns have enormous power, and that power can be used wisely to transform our lives and to open up new avenues of loving and creative service. Money questions automatically create emotional stress, and automatically move us into bigger opportunities for personal growth and spiritual evolution.

To discover more about the role that spiritual astrology plays in financial understanding, visit our other websites at <u>www.FinancialCyclesWeekly.com</u> and at <u>www.GannPlan.com</u>.

## **ESOTERIC MANTRAS FOR THE MONTH**

#### SCORPIO

"Warrior I am and from the battle I emerge triumphant."

#### SAGITTARIUS

"I see the goal. I reach that goal and then I see another."