



# Practical Spiritual Astrology

with Tim Bost

APRIL, 2008

[www.PracticalSpiritualAstrology.com](http://www.PracticalSpiritualAstrology.com)

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## WHAT IS IT?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a consistently resourceful manner that brings out the best qualities in our circumstances, that is completely congruent with our true creative nature, and that is genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

**“What we are looking for is what is looking.”**

**- St. Francis of Assisi**

## THE FOCUS FOR APRIL

From time to time we are obliged to confront a fundamental question in our search for fulfillment: are we going to emerge from the limitations of our old habits and patterns and step forward into a fuller expression of our divine nature, or will we simply allow ourselves to slip back into the chaos of selfishness and ego-driven fears? If our personal pettiness becomes violent discord, we risk losing much of our progress on the spiritual path.

And so we must renew ourselves, we must begin again. In our willingness to start anew in our spiritual work and in our pursuit of material goals alike, we have an opportunity to return to innocence, to rise above emotional turbulence and claim our birthright of enlightenment and gratitude. If we accept our failures and mistakes as positive steps toward our ultimate spiritual goals, we are likely to discover that we have actually gained far more than we thought we lost.

In a Universe filled with benevolent intention, we don't need to wonder about what the Divine Will is; we already know. Our only real challenge is in figuring out how to give that spiritual force practical expression as we engage with others every day. Of course we must open our hearts to meet that challenge, but we must also open our imaginations. If we can envision greater abundance, greater refinement, and greater generosity in all our affairs, we will be well on our way on the path of enlightened service.

There are especially sacred times when we have peak experiences, when the divine power of the Universe makes itself known in exciting and remarkable ways. While these mountain-top events are energizing, they leave us with a question: what do we do next? If we allow ourselves to get swallowed up in the limited paradigms and petty thinking that surrounds us, we will miss an opportunity to compound the power of Spirit by articulating higher aspirations and clearer ideals.

When our emotional energies run high, we are inevitably faced with a challenge: are we to be the unwitting puppets of our feelings as they have been colored by our past experiences, or are we capable of setting new directions for ourselves? If we try to stifle or ignore emotions, the results are always counterproductive, but if instead we transmute our feelings into visions of a greater good, we can create new neural pathways that propel us into beneficial action.

## THE ART OF SPIRITUAL MANIFESTATION

" The state of least  
excitation of  
consciousness is the field  
of all possibilities ."  
–Maharishi Mahesh Yogi

### ESOTERIC MANTRAS FOR APRIL

#### ARIES

"I come forth and from the  
plane of mind, I rule."

#### TAURUS

"I see, and when the Eye  
is opened, all is Light."

### April Observances

All Fools' Day – 4/1  
Pan American Day – 4/14  
Ramanavami – 4/14  
Baisakhi – 4/14  
Mahvir Jayanti – 4/18  
Wesak Full Moon – 4/20  
Passover – 4/20  
First Day of Ridvan – 4/21  
Earth Day – 4/22  
Secretary's Day – 4/23  
St. George's Day – 4/23

### Share the Light

Make copies of this ezine for  
others; send them to  
[http://www.practicalspiritual  
astrology.com](http://www.practicalspiritualastrology.com) to subscribe!

### Share Insights & Inspiration

Where is your heart leading  
you? Write to Tim Bost at P.O.  
Box 1657, Sarasota, FL 34230-  
1657 USA or send email to  
[spirit@timbost.com](mailto:spirit@timbost.com) with your  
comments, dreams, visions  
and suggestions. We look  
forward to hearing from you!

## Cosmic Opportunities

Venus trine Vulcanus – April 1, 6:28 a.m. EDT  
Mars square Zeus – April 1, 2:10 p.m. EDT  
Pluto retrograde station – April 2, 5:24 a.m. EDT  
Mercury enters Aries – April 2, 1:43 p.m. EDT  
Venus square Hades – April 2, 4:57 p.m. EDT  
Hades trine Apollon – April 3, 6:55 a.m. EDT  
Sun trine Cupido – April 5, 1:31 a.m. EDT  
New Moon – April 5, 11:55 p.m. EDT  
Venus enters Aries – April 6, 1:35 a.m. EDT  
Venus square Pluto – April 6, 11:48 p.m. EDT  
Vulcanus direct station – April 8, 12:21 a.m. EDT  
Mercury opposition Zeus – April 8, 9:36 a.m. EDT  
Venus square Kronos – April 8, 10:39 a.m. EDT  
Sun square Jupiter – April 10, 10:10 a.m. EDT  
Sun square Vulcanus – April 13, 11:25 a.m. EDT  
Venus opposition Zeus – April 14, 8:52 p.m. EDT  
Sun opposition Apollon – April 15, 3:29 a.m. EDT  
Sun conjunct Mercury – April 16, 3:22 a.m. EDT  
Sun trine Transpluto – April 17, 5:30 a.m. EDT  
Mercury enters Taurus – April 17, 5:06 p.m. EDT  
Venus trine Cupido – April 18, 6:24 p.m. EDT  
Sun enters Taurus – April 19, 12:51 p.m. EDT  
Full Moon – April 20, 6:25 a.m. EDT  
Sun trine Pluto – April 20, 2:56 p.m. EDT  
Sun trine Saturn – April 21, 9:04 a.m. EDT  
Mercury opposition Poseidon – April 21, 12:09 p.m. EDT  
Mars trine Uranus – April 22, 10:47 a.m. EDT  
Venus square Mars – April 23, 2:07 p.m. EDT  
Venus square Jupiter – April 23, 9:35 p.m. EDT  
Mars opposition Jupiter – April 24, 9:22 a.m. EDT  
Venus square Vulcanus – April 25, 2:42 p.m. EDT  
Venus opposition Apollon – April 26, 7:10 p.m. EDT  
Sun opposition Poseidon – April 27, 5:41 p.m. EDT  
Mars conjunct Vulcanus – April 28, 11:49 a.m. EDT  
Venus trine Transpluto – April 28, 12:53 p.m. EDT  
Mercury conjunct Admetos – April 29, 1:12 p.m. EDT  
Venus enters Taurus – April 30, 9:34 a.m. EDT

## Spiritual Growth from Stress-Free Living

If job stress, financial worries and money issues are currently blocking the fullest expression of your personal spiritual growth, it may be time for you to explore the benefits of person-centered financial astrology. Visit <http://www.timbost.com/info> to get Tim Bost's free astro-money emails.

Tim Bost's guide to stress-free living, *Plan 9 for Inner Space*, has more than 100 pages of tips and resources to help reduce stress and maintain a practical spiritual focus. You'll find complete details about this informative e-book at <http://www.timbost.com/publications/books.html>.