



Practical Spiritual Astrology

with Tim Bost

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www.PracticalSpiritualAstrology.com

In This Issue

- The Focus for August
- Cosmic Opportunities
- Spiritual Growth from Stress-Free Living

WHAT IS IT?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a consistently resourceful manner that brings out the best qualities in our circumstances, that is completely congruent with our true creative nature, and that is genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

“What we are looking for is what is looking.”

- St. Francis of Assisi

THE FOCUS FOR AUGUST

The powerful Solar Eclipse that kicks off August can bring geopolitical disruption, natural disasters, and personal stress. But it can also be a marvelous opportunity for spiritual growth, a chance to shrug off the illusions of the past and to release the fears and prejudices that have been holding us back.

No matter how disruptive our environment becomes and no matter how out-of-balance our companions become, we have a sacred mission to perform. Our task is to take the actions that offer sudden breakthroughs, to find new ways of redefining who we are and what we are doing, so that we can transform our reality in vibrant, life-supporting ways.

How can we best break free of the limitations we have imposed upon ourselves? One of our greatest blessings is our ability to employ our minds to move past our minds, to use our thoughts to transcend thought so that we can experience the bliss of pure consciousness. In the serenity of undiluted awareness, we can trust our divine nature and open our hearts to love. And then, almost ironically, new and more refined thoughts arise. These are the inspirations that will spontaneously guide our actions as we express ever-more-enlightened states.

Sometimes we may feel like we are acting rashly, foolishly stepping off a precipice into a boundless abyss as we innocently embrace the world of possibilities that offer themselves to us. But it is in that trusting moment, in that bold and unguarded action, that we have an opportunity to reconnect with the eternal truths that can bring boundless energy and intelligence to our existence. There is indeed a profoundly secret wisdom in such foolishness!

While we may chafe at the demands and restrictions imposed by social conventions, we can find true benefit from our participation in culture and community if we remain aware of our opportunities for self-discipline and intelligent transformation. The tentative baby steps we take right now foreshadow the leaps and bounds that we will gladly take as we progress into higher states of consciousness.

THE ART OF SPIRITUAL HAPPINESS

“Happiness is a how, not
a what, a talent, not an
object.” –Hermann Hesse

ESOTERIC MANTRAS FOR AUGUST

LEO

“I am That and
That I am.”

VIRGO

“I am the Mother and the
Child. I, God, I Matter am.”

August Observances

Lammas – 8/1
Lughnassad – 8/2
Orthodox Transfiguration – 8/6
Tisha B'Av – 8/10
Left Handers' Day – 8/13
Feast of Assumption – 8/15
Lailat al Bara'ah – 8/15
Raksha Bandhan – 8/16
Krishna Janmashtami – 8/24
Kiss & Make Up Day – 8/25
Women's Equality Day – 8/26
Paryushana – 8/28

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astrology.com](http://www.practicalspiritualastrology.com) to subscribe!

Share Insights & Inspiration

Where is your heart leading
you? Write to Tim Bost at P.O.
Box 1657, Sarasota, FL 34230-
1657 USA or send email to
spirit@timbost.com with your
comments, dreams, visions
and suggestions. We look
forward to hearing from you!

Cosmic Opportunities

Solar Eclipse New Moon – August 1, 6:21 a.m. EDT
Venus sextile Apollon - August 2, 12:30 a.m. EDT
Sun sextile Zeus - August 2, 6:18 a.m. EDT
Venus square Admetos – August 2, 8:16 a.m. EDT
Mercury opposition True Lunar Node – August 4, 6:57 a.m. EDT
Venus sextile Hades – August 4, 10:39 a.m. EDT
Mercury opposition Chiron – August 4, 11:05 a.m. EDT
Venus trine Pluto – August 5, 12:53 a.m. EDT
Sun trine Cupido – August 5, 6:02 p.m. EDT
Venus enters Virgo – August 6, 12:19 a.m. EDT
Mars opposition Uranus – August 6, 10:53 a.m. EDT
Mercury opposition Neptune – August 6, 2:41 p.m. EDT
Venus sextile Kronos – August 9, 6:45 p.m. EDT
Mercury enters Virgo – August 10, 6:52 a.m. EDT
Chiron conjunct True Lunar Node – August 10, 1:25 p.m. EDT
Sun opposition Chiron – August 10, 4:16 p.m. EDT
Sun opposition True Lunar Node – August 10, 4:25 p.m. EDT
Mars sextile Vulcanus – August 11, 7:52 p.m. EDT
Venus sextile Poseidon – August 12, 1:44 a.m. EDT
Mars trine Admetos – August 12, 4:26 a.m. EDT
Venus conjunct Saturn – August 13, 1:02 p.m. EDT
Sun opposition Neptune – August 15, 3:42 a.m. EDT
Mercury conjunct Saturn – August 15, 4:00 p.m. EDT
Mars square Hades – August 16, 11:46 a.m. EDT
Lunar Eclipse Full Moon – August 16, 5:10 p.m. EDT
Venus trine Jupiter- August 16, 8:16 p.m. EDT
Mars square Pluto – August 17, 2:15 a.m. EDT
Venus square Cupido – August 17, 5:12 a.m. EDT
Sun sextile Apollon – August 17, 2:21 p.m. EDT
Sun square Admetos – August 17, 10:50 p.m. EDT
Mars enters Libra – August 19, 6:03 a.m. EDT
Sun sextile Hades – August 20, 7:44 p.m. EDT
Sun trine Pluto – August 21, 2:50 a.m. EDT
Mercury conjunct Venus – August 21, 11:44 a.m. EDT
Sun enters Virgo – August 22, 2:02 EDT
Mercury opposition Uranus – August 23, 2:15 a.m. EDT
Venus opposition Uranus – August 23, 11:48 a.m. EDT
Admetos retrograde station – August 25, 12:02 a.m. EDT
Cupido direct station – August 26, 4:43 p.m. EDT
Venus sextile Vulcanus – August 26, 6:19 p.m. EDT
Mars square Kronos – August 26, 7:07 p.m. EDT
Venus trine Admetos – August 26, 7:32 p.m. EDT
Sun sextile Kronos – August 27, 2:07 p.m. EDT
Mercury enters Libra – August 28, 10:53 p.m. EDT
Venus square Hades – August 29, 3:15 a.m. EDT
Venus square Pluto – August 29, 5:51 a.m. EDT
Sun sextile Poseidon – August 30, 9:39 a.m. EDT
Venus enters Libra – August 30, 10:41 a.m. EDT
New Moon – August 30, 3:58 p.m. EDT

Spiritual Growth from Stress-Free Living

Tim Bost's guide to stress-free living, *Plan 9 for Inner Space*, gives you
than 100 pages of stress-busting tips and resources to help you maintain a
practical spiritual focus in everything you do. Get complete details and
download at <http://www.harmonicresearchassociates.com/shop>