

Practical Spiritual Astrology

with Tim Bost

MAY, 2010

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## WHAT IS IT?

Practical Spiritual Astrology is grounded in the understanding that our aim as consciously evolving humans is not only to remember and reclaim our essential divine nature, but also to manifest that spiritual essence more dynamically and more abundantly in the material world. The sacred knowledge of the heavenly intelligences and their cosmic cycles can guide us infallibly into spontaneous right action and joyful, fulfilled expression of our true selves.

Practical Spiritual Astrology thus brings us daily opportunities for being completely spiritually centered in a consistently resourceful manner that brings out the best qualities in our circumstances, that is completely congruent with our true creative nature, and that is genuinely helpful to others in a multitude of pragmatic, life-affirming ways.

"What we are looking for is what is looking."

- St. Francis of Assisi

# THE FOCUS FOR MAY

We may not be thinking or communicating entirely clearly as the month of May begins, but if we are willing to persist in sincere efforts to connect with others, we can experience transformational associations that take use far beyond our expectations. If we simply dare to reveal ourselves in ways that take us past the limits of decorum, we may discover that we have cause for celebration as our souls find their fullest expressions. Whether it is through creativity or through uninhibited passion, when we open ourselves to spontaneous revelation the results can be profoundly powerful.

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Little by little this month, like the inexorable but nearly imperceptible process of Winter becoming Spring, our consciousness expands spontaneously to meet the needs of others and the desires of our highest aspirations. We can begin all over again right now, but doing so requires a willingness to summon up our most aggressive and focused energies—if we are truly determined to create a new reality, we will get dramatic results.

It's important for us to stretch beyond our assumptions about ourselves, to transcend the limited beliefs and shallow preconceptions of who we are and what our capabilities are. When we spread our wings, we allow divine grace to flow through us. In the process we confront a single obstacle, however—the inhibiting force of our emotions. As we let go of fear and step past emotional boundaries, we can feel our wings take flight at last.

Throughout this month, if we are diligent and persistent in our studies, if we are faithful in our dedication to true discipleship, we can create the kind of spiritual structure in our lives that permits real insight and evolution. To achieve genuine growth we simply need to break down all of our karmic chores into their most precious atomic components, the precious gems of inspiration, refined expression, and effective action. This task is a demanding and sometimes daunting one, but if we stay focused on the transformative power that inevitably accompanies spiritual unfolding, we can get a glimpse of the real gifts that await us.

### THE ART OF SPIRITUAL IDENTITY

"To aim at the best and to remain essentially ourselves is one and the same thing." *–Janet Erskine Stuart* 

#### ESOTERIC MANTRAS FOR MAY

#### TAURUS

"I wee, and when the Eye is opened, all is Light."

#### GEMINI

"I recognize my other self, and in the waning of that self, I grow and glow."

#### **May Observances**

May Day – 5/1 Beltane – 5/1 Lag B'Omer – 5/2 Cinco de Mayo – 5/5 Mother's Day – 5/9 Ascension Day – 5/13 Shavuot – 5/19 Pentecost – 5/23 Declaration of the Bab – 5/23 Victoria Day – 5/24 Visakha Puja – 5/27 Ascension Baha'u'llah – 5/29 Trinity Sunday – 5/30 Memorial Day – 5/31

### Share the Light

Make copies of this ezine for others; send them to http://www.practicalspirit ualastrology.com to subscribe for free!

#### Share Insights & Inspiration

Where is your heart leading you? Write to Tim Bost at P.O. Box 1657, Sarasota, FL 34230-1657 USA or send email to spirit@timbost.com with your comments, dreams, visions and suggestions. We look forward to hearing from you!

## **Cosmic Opportunities**

Mercury trine Pluto - May 3, 8:08 a.m. EDT Sun square Mars – May 4, 9:09 a.m. EDT Venus trine Zeus - May 5, 3:03 a.m. EDT Saturn square Hades – May 7, 9:18 a.m. EDT Jupiter trine Vulcanus – May 8, 7:45 a.m. EDT Venus opposition Cupido - May 10, 1:32 a.m. EDT Mercury direct station - May 11, 6:27 p.m. EDT Mars trine Cupido - May 13, 9:21 p.m. EDT New Moon – May 14, 9:04 p.m. EDT Sun conjunct Admetos - May 16, 2:05 p.m. EDT Venus trine Apollon - May 17, 1:10 a.m. EDT Venus square Jupiter – May 17, 6:56 a.m. EDT Venus square Saturn - May 18, 4:18 a.m. EDT Venus conjunct Hades – May 18, 2:43 p.m. EDT Venus trine Neptune – May 18, 6:12 p.m. EDT Sun trine Saturn - May 18, 8:27 p.m. EDT Sun square Neptune – May 19, 2:14 p.m. EDT Mercury trine Pluto – May 19, 2:39 p.m. EDT Venus square Uranus – May 19, 3:40 p.m. EDT Venus enters Cancer – May 19, 9:04 p.m. EDT Venus trine Chiron - May 20, 2:49 p.m. EDT Sun enters Gemini – May 20, 11:33 p.m. EDT Sun square Chiron - May 21, 10:05 p.m. EDT Jupiter opposition Saturn – May 23, 1:40 a.m. EDT Venus conjunct Kronos – May 23, 9:24 p.m. EDT Venus opposition Pluto - May 23, 11:15 p.m. EDT Mercury opposition Poseidon – May 24, 4:12 p.m. EDT Pluto opposition Kronos – May 26, 12:53 p.m. EDT Venus trine Poseidon – May 27, 3:29 a.m. EDT Full Moon – May 27, 7:07 p.m. EDT Uranus enters Aries - May 27, 9:46 p.m. EDT Jupiter square Hades – May 27, 11:08 p.m. EDT Neptune trine Hades - May 29, 5:14 p.m. EDT Venus square Zeus – May 29, 10:23 p.m. EDT Mars square Admetos – May 30, 4:52 a.m. EDT Saturn direct station - May 30, 2:09 p.m. EDT Neptune retrograde station - May 31, 2:49 p.m. EDT

#### Free Report on Astrology and the Law of Attraction

You can turbo-charge your use of the Law of Attraction with amazing techniques anchored in the vibration of your zodiac sign. Get Tim Bost's powerful new report with specific insights for every sign of the zodiac completely free of charge at http://www.StarMoneySecrets.com . Share this link with others now!

#### The Spiritual Side of Financial Manifestation

Our task is to stay spiritually focused, but how do you do it when you're out of money? To answer that question, Stuart Lichtman has joined "Attractor Factor" author Joe Vitale in a massive ebook called "How To Get Lots of Money for Anything—Fast!" It's a wonderful wealth resource, with techniques that also improve health and spiritual well-being, increase success, strengthen relationships, lose weight (Lichtman lost 21 pounds in 21 days), and much more. Get complete details at http://www.anything-fast.com/?fid=astro It's guaranteed to change your life!